EVERY BODY BODICE PATTERN

Pattern Pieces:

- 1A, 1B - Front Inset (2 Total)
- 2 – Shoulder Strap
- 3 – Bodice Front
- 4 – Bodice Back
- 5A Left/Right, 5B Left/Right – Skirt Back (4 total)
- 6A Left/Right, 6B Left/Right – Skirt Front (4 total)
- 7 – Interfacing

Piecing Together the Skirt Pattern Pieces:

Follow this schematic diagram to piece together the 5A, 5B pattern pieces. Use the same process to piece together the 6A and 6B pieces.

5A and 6A:
5B and 6B:

Interfacing:
Fuse interfacing to wrong side of each matching fabric section, following manufacturer's instructions.

Contrast #1- Overlay:
With right sides up, pin contrasting overlay to corresponding bodice front (3) and bodice back (4) fabric sections. Baste just inside the 5/8" (1.5 cm) seam allowances.

Contrast #2- Overlay:
With right sides up, pin contrasting overlay to corresponding front inset (1) fabric sections. Baste just inside the 5/8" (1.5 cm) seam allowances.

Underlining:
With right sides up, pin matching fabric sections to corresponding underlining sections. Baste just inside the 5/8" (1.5 cm) seam allowances and along pleat lines, leaving thread ends for easy removal.

Inset and Bodice:
- To make each pleat in front inset (1), on outside, crease along line of small circles. Bring crease to line of large circles. Baste. Baste across pleats.
- For each shoulder strap, pin two shoulder strap (8) sections, right sides together. Stitch long edges, taking up a 3/8" (1 cm) seam allowance. Trim seam allowances.
- Turn right side out. Press. Baste raw edges together.
- On outside, pin each strap to upper edge of front inset, matching squares and having raw edges even. Baste.
- Pin lining to inset, right sides together, matching notches. Stitch, leaving notched edge free. Trim seam allowances.
- With right sides up, lap right front inset over left, matching centers. Baste across lower edge and along center.
- Staystitch curved edge of bodice front (3).
- Stitch bodice back (4) sections to bodice front at sides.
Bodice Lining:
- Machine-stitch 5/8” (1.5 cm) from curved edge of bodice front lining.
- Press under on line of stitching, clipping if necessary. Trim pressed-under edge to 3/8” (1 cm).
- Stitch bodice back lining to bodice front lining at sides.
- Pin lining to bodice, right sides together, matching centers and seams. Stitch bodice back along upper, back, and lower edges to lower large circles, leaving upper edge free _" (1.3 cm) each side of upper large circle for inserting straps. Trim seam allowances.
- Turn lining to inside, continuing to press under 5/8” (1.5 cm) on lower edge of lining between lower large circles.
- Hand-sew upper pressed-under edge of bodice lining over inset seam.

Skirt:
- Stitch center seam of skirt back (5), from lower edge to circle. Clip to circle.
- Stitch skirt front (6) to skirt back at sides.
- Stitch center seam of skirt back lining from lower edge to circle. Clip to circle.
- Stitch skirt front lining to skirt back lining at sides.
- Pin lining to skirt, wrong sides together, matching notches, centers, and seams. Baste along upper and back opening edges.
- Stitch center seam of contrasting overskirt back, from lower edge to circle. Clip to circle. Stitch again _" (6 mm) away in seam allowances. Trim close to second stitching. Press seam allowances to one side.
- Stitch contrasting overskirt front to overskirt back at sides using a double stitched seam. Press seam allowances toward back.
- With right sides up, pin overskirt to skirt, matching notches, centers, and seams. Baste along upper back and opening edges.
- Note: Use a special invisible zipper foot when applying invisible zipper. Follow manufacturer’s instructions.
- Close zipper. Pin the other half of the zipper to right side edge of the skirt back, right sides together, having coil along seamline and top-stop of zipper 1” (2.5 cm) below upper edge as before. Make sure everything lines up. Re-pin if necessary.
- Open zipper. On inside, hand-sew remainder of zipper to seam allowance, from zipper stitching to large circle.

Back Facing:
- Finish long un-notched edge of back facing (7).
- Understitch facing.
- Turn facing to inside. Press.
- Turn in back edges of facing to clear zipper teeth. Hand-sew to zipper tapes.
- Baste upper edge of facing to skirt.
Attaching Skirt to Bodice:
- Pin skirt to bodice, right sides together, matching notches, center fronts, seams, and circles. Adjust gathers, keeping bodice lining free. Baste. Stitch. Trim seam allowances. Turn seam allowances toward bodice.
- Slip ends of shoulder straps through openings in back, matching circles. Pin. Try on dress and adjust straps if necessary. (Extra length has been allowed for adjustment).
- Open out bodice lining. Stitch across openings. Trim seam allowances.
- Turn lining down. Press.
- Slipstitch pressed-under edge of bodice lining over seam.

Finishing: Machine stitch hem
- Fold. Stitch. Fold again. Top-stitch or do traditional hem. Do the same to lining.
- Put on dress and have mom or a friend mark with white pencil or pin placement for hooks.
- On inside, sew one hook to left back at upper and lower edges. Sew one hook to left back, centering between previous hooks.
- Lap left back over right, matching centers. Mark and sew eyes to left back at markings.
- Sew remaining hook and eye above zipper.
Every Body Bodice Pattern Piece 1A
Every Body Bodice Pattern Piece 1B

Exclusively at Burda style
Every Body Bodice Pattern Piece 2

Exclusively at *Burda Style*
Bodice Front

Every Body Bodice Pattern Piece 3
Every Body Bodice
Pattern Piece 5A Top

My Waist

Sewing Back
Every Body Bodice
Pattern Piece 5A Bottom

Skirt Back

#5

A

my waist

AAP

ATTACH TO B
Every Body Bodice
Pattern Piece 5B Bottom Left

- Add Length Front
Every Body Bodice
Pattern Piece 5B Bottom Right

from here.
Attach to Bodice

Front of Skirt at my waist

#6

A
Front of Skirt

6B LEFT <> 6B RIGHT
Every Body Bodice
Pattern Piece 6B Bottom Left

#6
B

6B LEFT <>

Add Length
Every Body Bodice
Pattern Piece 6B Bottom Right

Add Length from here.

#6
B

LEFT <> 6B RIGHT

Place on fold
Every Body Bodice Pattern Piece 7

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